

# Preparing for the Transition to Adulthood

## A Parent Workshop on preparing youth with exceptional needs (ASD, Learning Disabilities, ADHD, and related disorders) to lead satisfying adult lives

Are you a parent of a student with exceptional needs between the ages of 14 to 22?  
Do you have concerns about your child's future?  
Would you like to learn more about the resources available to you and your young adult child?

We understand that transitioning from adolescence to adulthood can be both difficult and exciting for teens and young adults with special needs and their families. Please join The Families and Schools Together (FAST) Team for an informative parent workshop on preparing for the transition to adulthood.

The workshop will cover topics such as when to start planning for the transition, what to expect from your child's school team, and effective ways to support your child through the process of transitioning from adolescence to adulthood. The workshop will focus on assisting those youth who plan on transitioning to independent living, the world of work, and/ or post-secondary education. All interested parents are welcome to attend.

When?

November 14th from 6 to 8pm.

### Location:

The Center for Autism and Neurodevelopmental Disorders • 2500 Red Hill Avenue, Santa Ana, 92705

### Cost:

\$25 per family

*Sliding scale rates are available for families with financial need.*

**To RSVP, please email Dr. Griffiths at [amy.griffiths@uci.edu](mailto:amy.griffiths@uci.edu) or call the Front Desk at (714)939-6118.**