FAMILY SOCIAL SKILLS GROUP
For Making and Keeping Friends

An 8-week series for children and their parents on understanding and practicing social skills and skill coaching strategies.

The course teaches social skills necessary for positive relationships across home and school as well as in unstructured settings with peers.

- Maximum of eight families per group
- Group sessions incorporate evidence-based cognitive-behavioral intervention strategies, including role-plays designed to be fun as well as educational for children and parents.
- Parents observe their children’s teaching activities

The program places specific emphasis on:
- Assertion, self-advocacy, and effective communication
- Accepting and frustration tolerance
- Following rules & directions
- Good sportsmanship
- Dealing with teasing and ignoring provocation
- Conflict resolution and active problem solving

For: Age appropriate groups are offered for families with children ages 5-7 and 8-11 and their parents

Where: UC Irvine Child Development School
19262 Jamboree Road, Irvine, CA 92612

When: Eight sessions, one evening per week for 90-minutes each session

New courses are offered approximately every 3 months!

HOW TO ENROLL:
For questions and enrollment information call (949) 824-2343
or email our Intake Coordinator, Carol Reed at carol.reed@uci.edu