ESSENTIALS OF PRIMARY CARE
PSYCHIATRY
CME CONFERENCE
2018

15 CME HOURS
JANUARY 26-27
FLAMINGO HOTEL, LAS VEGAS NV

JOINTLY PROVIDED BY:
THE CALIFORNIA PSYCHIATRIC ASSOCIATION AND
THE UNIVERSITY OF CALIFORNIA, IRVINE SCHOOL OF MEDICINE
### COURSE DESCRIPTION
This two-day conference for primary care physicians and other health providers will integrate recent scientific data with current clinical practice regarding Mood and Anxiety Disorders, Substance Misuse, Personality Disorders, Collaborative Care, Pain Psychiatric Management and How to do a Primary Care Psychiatric Interview.

Registrants will be able to purchase a copy of *Lippincott's Primary Care Psychiatric Textbook* at a 40% discounted rate. Please see the registration form for more information.

### TARGET AUDIENCE
Primary care physicians and allied health professionals interested in mental health.

### EDUCATIONAL NEED
Primary care providers have not been trained on the diagnosis of depression within a primary care/medical setting. While guidelines for treatment of depression within primary care exist, many providers are uncomfortable with implementing them due to perceptions of risk and stigma.

### SYLLABUS
The syllabus will be available to pre-registered attendees via pdf (Drop Box) prior to the conference for downloading and printing. Hard copies will NOT be available for purchase.

### SCHEDULE

**Friday, January 26**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00-800 AM</td>
<td>Registration, Continental Breakfast, Exhibits</td>
</tr>
<tr>
<td>8:00-8:15 AM</td>
<td><strong>Welcome</strong>&lt;br&gt;Robert McCarron, D.O. and Shannon Suo, M.D.</td>
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<tr>
<td>8:15-9:15 AM</td>
<td><strong>Practical Approaches to Doing a Primary Care Psychiatric Assessment</strong>&lt;br&gt;(1 CME)&lt;br&gt;Robert McCarron, D.O.</td>
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<tr>
<td>9:15-10:15 AM</td>
<td><strong>Personality Disorders in Primary Care – Just What You Need to Know</strong>&lt;br&gt;(1 CME)&lt;br&gt;Shannon Suo, M.D.</td>
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<tr>
<td>10:15-10:30 AM</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>10:30-12:00 PM</td>
<td><strong>Mood Disorders: Diagnosis and Treatment Considerations</strong>&lt;br&gt;(1.5 CME)&lt;br&gt;Shawn Hersevoort, M.D.</td>
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<tr>
<td>12:00-12:30 PM</td>
<td>Lunch Provided/Visit Exhibits</td>
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<tr>
<td>12:30-2:00 PM</td>
<td><strong>Anxiety Disorders: Diagnosis and Treatment Considerations</strong>&lt;br&gt;(1.5 CME)&lt;br&gt;Jaesu Han, M.D.</td>
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<tr>
<td>2:00-2:15 PM</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>2:15-3:30 PM</td>
<td><strong>Small Group Case Discussions</strong>&lt;br&gt;(1.25 CME)&lt;br&gt;Co-Morbid Management of Mood Disorders&lt;br&gt;Shawn Hersevoort, M.D., Amir Ramezani, Ph.D.</td>
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<tr>
<td></td>
<td>Management of Patients with Substance Misuse&lt;br&gt;Lorin Scher, M.D., Rachel Robitz, M.D.</td>
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<td>The Anxious Patient&lt;br&gt;Jaesu Han, M.D., David Liu, M.D.</td>
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<tr>
<td></td>
<td>Pain and Somatization&lt;br&gt;Matt Reed, M.D., Robert McCarron, D.O.</td>
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<tr>
<td>3:30-3:45 PM</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>3:45-5:00 PM</td>
<td><strong>Repeat Small Group Case Discussion</strong>&lt;br&gt;(1.25 CME)</td>
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<tr>
<td>5:00 PM</td>
<td>Wrap-up with Group Leaders</td>
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Saturday, January 27

7:30-8:00 AM  Continental Breakfast/Exhibits

8:00-9:15 AM  Psychiatry and Chronic Pain Management
                Matt Reed, M.D.  
                (1.25 CME)

9:15-10:15 AM  Substance Misuse: Update on Assessment and Treatment
                John Onate, M.D.  
                (1 CME)

10:15-10:30 AM  Visit Exhibits/Break

10:30-11:30 AM  Substance Misuse: Update on Assessment and Treatment
                John Onate, M.D.  
                (1 CME)

11:30-12:30 PM  Collaborative Care: Can This Be Helpful in Your Practice?
                David Liu, M.D.  
                (1 CME)

12:30-1:15 PM  Lunch Provided/Visit Exhibits

1:15-2:30 PM  Small Group Case Discussions
                Co-Morbid Management of Mood Disorders
                Shawn Hersevoort, M.D.
                Amir Ramezani, Ph.D.

                Management of Patients with Substance Misuse
                Lorin Scher, M.D.
                Rachel Robitz, M.D.

                The Anxious Patient
                Jaesu Han, M.D., David Liu, M.D.

                Pain and Somatization
                Matt Reed, M.D.
                Robert McCarron, D.O.

                (1.25 CME)

2:30-2:45 PM  Visit Exhibits/Break

2:45-4:00 PM  Repeat Small Group Case Discussion
                (1.25 CME)

4:00-4:15 PM  Wrap up

        Robert McCarron, D.O.
        Shannon Suo, M.D.

4:30-5:30 PM  TNT Fellows Only Meet with Faculty

EXHIBITORS: Please show our exhibitors how much you appreciate their support by spending time with them to learn about their products and services.

LEARNING OBJECTIVES
At the conclusion of the activity, the participant should be able to:

- Effectively screen for depression in a primary care setting.
- Implement evidence-based treatment for depression
- Identify when it is appropriate to seek mental health consultation/referral.
- Effectively screen for substance misuse.
- Utilize motivational interviewing to assess readiness for change and activate motivated patients along the continuum of change behavior.
- Identify evidence-based treatments available in primary care settings for substance misuse disorders.
- Engage mental health colleagues in collaborative care within existing models of health care delivery.
- Develop/adapt new models of care to integrate mental health care into primary care settings.

CME/EVALUATION FORMS:
Please turn in the Evaluation Form offered at the registration desk within 2 weeks of completion of the conference to receive appropriate credit.

DISCLOSURE:
Disclosure information will be provided in advance to the participants.
Course Chairs

**Robert McCarron, DO, DFAPA, Professor and Vice Chair of Education and Integrated Care, Residency Program Director Co-Director, UCI / UC Davis Train New Trainers Primary Care Psychiatry Fellowship, Department of Psychiatry and Human Behavior, University of California, Irvine School of Medicine**  
President-elect, California Psychiatric Association

**Shannon Suo, MD,** Associate Professor, Co-Director, UCI/UCD Train New Trainers Primary Care Psychiatry Fellowship Program Director, UCD Family Medicine/Psychiatry Residency Training Program Department of Psychiatry and Behavioral Medicine, UC Davis School of Medicine

Guest Faculty

**Jaesu Han, MD,** Clinical Professor UC Irvine, Department of Psychiatry and Human Behavior

**Shawn Hersevoort, MD,** Director, Integrated Mental Health, Acting Director of Psychosomatic Medicine, Assistant Clinical Professor, Health Sciences, UCSF Fresno Department of Psychiatry and Sleep Medicine

**David Liu, MD, MS,** Health Sciences Assistant Clinical Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

**John Onate, MD,** Associate Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

**Amir Ramezani, PhD,** Neuropsychologist, Associate Director, Pain Psychiatry and Behavioral Health, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine, UC Davis School of Medicine

**Matt Reed, MD, MSPH,** Assistant Professor of Clinical Psychiatry, Associate Residency Training Director, Director of Consultation and Liaison Psychiatry, Director of Education, Train New Trainers Primary Care Psychiatry Fellowship, Department of Psychiatry & Human Behavior, University of California, Irvine School of Medicine

**Rachel Robitz MD,** Assistant Clinical Professor, Associate Training Director of Family Medicine/Psychiatry, UC Davis School of Medicine

**Lorin M. Scher, MD,** Associate Professor, Director, Emergency Psychiatry, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

**Glen Xiong, MD,** Assistant Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine
ACCREDITATION

ACCREDITATION STATEMENT: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and the California Psychiatric Association. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION: The University of California, Irvine School of Medicine designates the live activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ can be used by multidisciplinary team members.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report a maximum of 14.25 hours of credit and fill in “CME Category 1” for the provider number).

Physician Assistant: The National Commission of Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Psychologist: You may petition the California Board of Psychology for CE credit for this symposium. Please see http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf for details.

HOTEL RESERVATIONS:

3555 Las Vegas Boulevard South
Las Vegas, NV 89109
* 888-373-9855 reservations line and use code SFCPA8

RESERVATIONS MUST BE MADE BEFORE
Friday, December 26, 2017

The hotel has reserved a number of rooms for the California Psychiatric Association’s Conference, January 26-27, 2018. After these rooms are filled, reservations are accepted only if additional space is available and may be at a higher cost.

Room Rates are $109 per night plus tax.

To book your room directly with the hotel via their website please log onto: https://aws.passkey.com/go/SFCPA8

*(call may result in processing fee) booking online is best option to not incur this charge.
Conference Registration Form
Essentials of Primary Care Psychiatry CME Conference-2018
The Flamingo Hotel, Las Vegas, NV
January 26-27, 2018

To Register and pay for the Conference please log onto:
http://www.calpsych.org/education

You are also welcome to mail in the form below via regular mail if you prefer to pay by check:

Name____________________________________________________________________________________
Address____________________________________________________________________________________
City/State/Zip______________________________________________________________________________
Phone_____________________________________________________________________________________
Email_____________________________________________________________________________________

____MD       ____DO       ____PhD       ____PA       ____RN       ____Psychologist       ____LCSW       ____MFT
Other____________________________________________________________________________________

Institution/Employer (as you would like it to appear on your badge) __________________________________
__________________________________________________________________________________________

REGISTRATION FEES

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Discount</th>
<th>After Dec 16, 2017</th>
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<tbody>
<tr>
<td>Physician</td>
<td>$335.00</td>
<td>$365.00</td>
</tr>
<tr>
<td>Other health-care professional</td>
<td>$295.00</td>
<td>$335.00</td>
</tr>
<tr>
<td>Trainee</td>
<td>$90.00</td>
<td>$105.00</td>
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______Pre-Purchase “Lippincott’s Primary Care Psychiatry Textbook” at a discount of 40%.
$65.00 will include shipping. available after Feb. 2018
(Please note textbook not required for this conference).

Please make checks payable to California Psychiatric Association or charge your VISA or MasterCard by
calling CPA at 800-772-4271 or filling in the information needed below and return this form to:

California Psychiatric Association
921 11th Street, Suite 502
Sacramento, CA 95814 (916) 442-5196 1-800-772-4271 FAX: (916) 442-6515

Check Enclosed for Total Amount of $____________________________

Please Charge My: (circle one) VISA / MasterCard

Credit Card # ________________________ Expiration Date: ________